

Time	Session
08:00-08:30	Registration
08:30-09:00	Welcome & Introduction
09:00-10:30	Sedation in ED (Workshop) <ul style="list-style-type: none"> • Drug choice • When and How to Do It • Management of Complications
10:30-10:45	Break
10:45-11:15	Introduction to Ultrasound Guided Regional Blocks
11:15-12:00	Needling Practice (skill station)
12:00-12:30	Local Anaesthetics <ul style="list-style-type: none"> • Drug choice/Dose/Toxicity
12:30-13:15	Lunch
13:15-14:15	Upper Limb Blocks (skill station) <ul style="list-style-type: none"> • Axillary • Median, Ulnar and radial nerve blocks
14:15-15:30	Lower Limb Blocks (skill station) <ul style="list-style-type: none"> • Femoral & Fascia Iliaca blocks • Popliteal Fossa • Ankle
15:30-15:45	Break
15:45-16:15	Chest wall blocks (skill station) <ul style="list-style-type: none"> • Erector Spinae Plane (ESP) block
16:15-16:45	Open session (skill station) <ul style="list-style-type: none"> • free hand practice • Q&A
16:45-17:00	Closing

The course has been accredited 6 CPD points by the RCOA

