

Acute Medicine Mandatory Training Team Day 1

Time	Session	Learning Outcomes
08:00-08:15	Welcome and Registration	
08:15-11:00	AHLS	<ul style="list-style-type: none"> • Demonstrate how to effectively respond to a choking but conscious patient • Demonstrate how to respond to a choking patient who becomes unconscious • Demonstrate effective CPR compressions • Demonstrate effective ventilation with a bag valve mask in both single-person and two-person CPR • Demonstrate how to put someone in the recovery position • Demonstrate how to use the Physio Control Lifepak 20e and Lifepak 1000 defibrillators correctly (Medical Devices Competencies) • Demonstrate how to respond to an unresponsive patient • Demonstrate how to deliver a shock safely
11:00-11:15	Break	
11:15-12:15	Communication Part 1	<ul style="list-style-type: none"> • Reflect on the experience of not being listened to • Explain ways to manage challenging interactions • Describe the importance of active listening • List and describe qualities of good communication
12:15-12:45	Lunch	
12:45-13:45	Communication Part 1	<ul style="list-style-type: none"> • Reflect on examples of poor communication practice • Reflect on their own communication skills and practice
13:45-15:00	Tissue Viability	<ul style="list-style-type: none"> • Describe the layers of tissue between outer skin and bone • Explain how pressure and moisture damage develop • Describe 7 different types of skin damage: Stage 1-4 and unstageable pressure sores, suspected deep tissue injury (SDTI), and moisture damage • Describe a least 6 techniques to prevent and care for tissue damage • Explain the difference between friction and shear • Explain the importance of correct manual handling techniques in preventing tissue damage • State what level of harm should be reported on Datix for patients who arrive at NUH with tissue damage
15:00-16:15	Falls Update	<ul style="list-style-type: none"> • Describe ten techniques to reduce the likelihood of falls • Explain the 4 levels of enhanced supervision • List risk factors associated with increased likelihood of falls • Describe what to do if a patient falls near them • State what piece of equipment can be used to lift a patient from the floor

		<ul style="list-style-type: none"> • Explain why a hoist or 6-man lift sheet should not be used to lift a patient from the floor • Explain the post-fall procedure • Explain Duty of Candour and the importance of informing next-of-kin about falls
16:15-16:30	Feedback & Close	<ul style="list-style-type: none"> •